



St. Catherine's Catholic Primary School Personal Relationships Policy

Live, love and learn together

The Head and SLT of St Catherine's Catholic Primary School adopted this policy 7th December 2016.

It will be reviewed every three years.

RATIONALE

Sex Education encompasses more than just biological facts. It has moral, legal, spiritual and cultural dimensions that need to be addressed. Knowledge of how the human body functions is important, but no more so than those related to feelings of love, commitment and respect for self and others.

AIMS

To develop pupils' understanding of relationships with others, including friends, family and the wider community.

To communicate the importance of respecting oneself, others, and valuing the family unit.

To develop understanding of nature's life cycles and life processes and as appropriate, the human male and female body. To prepare Years 5 and 6 for the physical and emotional changes that occur pre and during puberty.

To develop understanding that God creates and is alive in every living thing. Growing up and reaching sexual maturity is a positive change towards becoming a fully alive human being, as created in the image of God.

To challenge the media's portrayal of sexuality and body image, emphasizing self respect and responsible choices.

To foster each child's self esteem and their understanding of importance of self care for a healthy life to enable them to make responsible choices as to their behaviour.

To deliver sensitive information in an open manner, giving pupils the opportunity to ask questions.

To ensure that Year 6 pupils are equipped with both the necessary factual information for their move to KS3 and the moral framework and values based on Catholic teaching to help them make positive, informed choices.

GUIDELINES

The aims as set out above will be delivered by using a cross-curricular approach but more specifically through the themes and topics in science and Religious Education, using the agreed God Matters scheme and SEAL as a framework

The scheme consists of structured activities from Year 1 to Year 6, which builds a greater understanding of God, life and life processes, the sanctity of life and personal development.

A more structured and focused programme of Sex Education will be delivered to Year 6 pupils in the summer term. It will involve the school nurse and class teacher and only after parental consent for inclusion is sought.

The programme will involve the following:

Opportunities for 1:1 discussion will be arranged when required.

A question and answer session with the school nurse/teacher.

Any appropriate follow up work as a result of the above.

CONCLUSION

It is hoped that by incorporating both a cross-curricular approach and structured programme tailored to the appropriate stage, and by focusing on the development of the whole person, pupils will transfer to KS3 equipped with the knowledge and understanding to develop positive personal relationships.

This policy should be read alongside the policies for:

Personal, Social Health Education and Citizenship

Science

Religious Education

Safeguarding/Child Protection

Bullying

Teaching and learning

St Catherine's 2016